



OCR: Cambridge Nationals

SPORT STUDIES

Qualification: Level 2



**St. Aldhelm's
Academy**

High Expectations lead to High Achievers



Why choose Sport?

The qualification recognises the value of learning skills, knowledge and vocational attributes to complement GCSEs.

- ▶ Fun and enjoyment playing and officiating sport



[Cambridge Nationals -
Sport Studies Level 1/Level
2 – J829 \(ocr.org.uk\)](https://www.ocr.org.uk)



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- ▶ To build your confidence

- ▶ Learn to be a leader

- ▶ Learn team working skills

- ▶ Learn how to improve your fitness levels and sporting ability

To learn transferable skills for your other courses and future career

Assessment Overview

Unit	Marks	Duration	GLH*
R184: Contemporary issues in sport	70	1 hour 15 mins	48
Written paper, OCR set and marked			
R185: Performance and leadership in sports activities	80	Approx. 16 hours	48
Centre-assessed tasks, OCR moderated			

Optional

There are a further two optional units. Students select one.

Unit	Marks	Duration	GLH*
R186: Sport and the media	40	Approx. 8-10 hours	24
Centre-assessed tasks, OCR moderated			



What will you be doing on the course?

You will undertake 3 mandatory components:

One examination at the end of Year 11 on
Contemporary Issues in Sport

Two Coursework Units – **Performance and Leadership in Sport** and **Sport and the Media**



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How are the lessons structured?

- Lessons will be taught through a theoretical bases with practical elements to compliment and supplement the specification
- Approximately 5hrs of lessons over the fortnight



How am I assessed?

1. Components 1 and 2 - Internally assessed coursework units. This approach enables learners to receive feedback on their progress throughout the course as they provide evidence towards meeting the unit assessment criteria.



2. Component 3 - External exam

Component 1: Performance and Leadership

To develop your skills as both a performer, in two different sporting activities, and as a leader in one activity. As a leader you will have the opportunity to plan, lead and review safe and effective sporting activity sessions yourself

Individual sports:



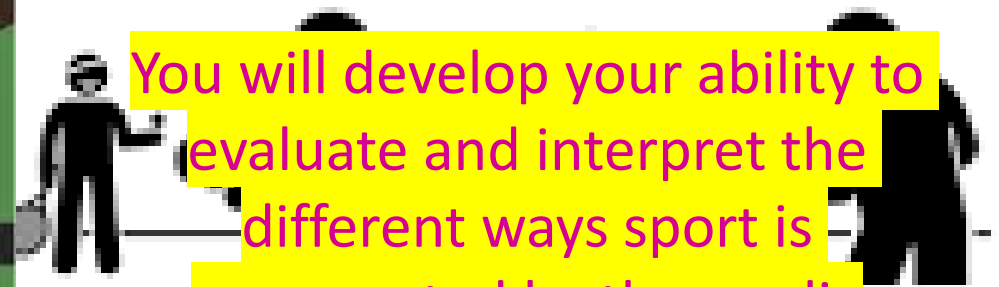
Team sports:



Component 2: Sport and the Media



In this unit you will learn to explore both sides of these media sources and apply real life examples to demonstrate the nature of the relationship between media and sport.

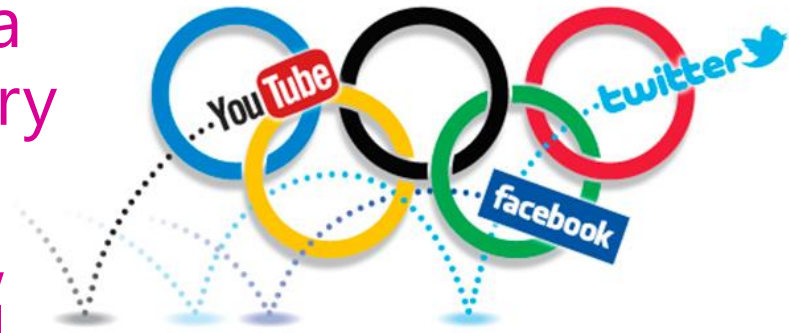


You will develop your ability to evaluate and interpret the different ways sport is represented by the media

Component 3: Contemporary Issues in Sport

In this unit you will learn about a range of topical and contemporary issues in sport, relating to; participation levels and barriers, promotion of values and ethical behaviour, the role of high-profile sporting events, the role of national governing bodies and how technology is used within sport

External Exam which is worth 70 marks and you will have 1hr 15 mins to complete in yr11



Who is this course right for?

Someone who...

- ❖ Has a passion for sport
- ❖ Is part of sports clubs inside and / or outside of school
- ❖ Has strong attainment in Science
- ❖ Wants to know more about sport
- ❖ Would love a career in sport / needs fitness for their career e.g. Army

Do you enjoy playing sport? Do you enjoy being a sports leader? You can do both with Sport Studies!



Potential careers pathways...



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Any questions...



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