



BRECON BEACONS RESIDENTIAL



Year 7, 8 and 9 have returned after a fantastic residential trip to the Brecon Beacons. They left the academy on the Friday and returned, tired but happy, on the Monday. They enjoyed many activities such as canoeing climbing, bush crafts...to name a few. They got to camp in tents.

Megan said her best bit was 'the canoeing because I have never done anything like that before.' Brian said he enjoyed 'canoeing too because it was lots of fun.' We also heard a rumour that one teacher may have capsized!! Whoops!!

The students are all keen to return next year.



WHAT'S ON?

- House Challenge
- Work Experience
- Exam Revision Tips
- Guess The Teacher
- Activate Trip
- Wizard of Oz
- Spring word search / crossword
- Colouring Competition
- Biscuits Recipe
- Film review



Students from year 9 and 10 went to the Lighthouse, Poole and had a fantastic workshop with Steel Pans. They all got to have a try at playing the pans.

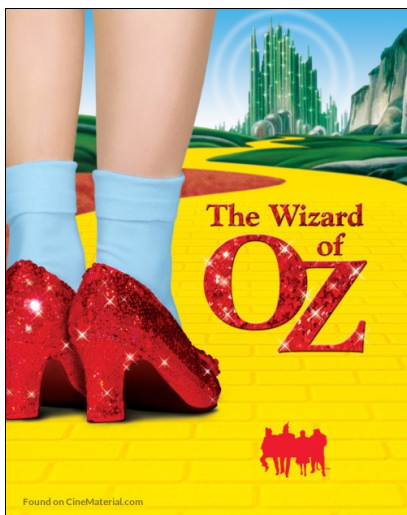


As you can see from the picture the students had a lot of fun. They learnt about the different types of drums.

The day was finished off with ice-cream from Sprinkles before returning to school!

“We are off to see the Wizard, the wonderful wizard of Oz”...

Come and see The Wizard of Oz performed by students from St Aldhelm's Academy. You will be entertained through an evening of singing, music, dance and acting.



The evening performances will take place on Wednesday 19th July and Thursday 20th July. The time and ticket prices to be confirmed nearer the date.

YEAR 10 Work Experience

Keisha

Where did you go?

Hairdresser on Ashley Road (Tom Dick and Harry's)

What was it like?

It was good and different.

What was the hardest part?

Nothing really hard.

What was the easiest part?

The easiest part was speaking to everyone.

What has it taught you about working?

Working is tiring!

Did you gain anything doing it?

She gained £30 and an apprenticeship opportunity

Advice to next years year 10?

Pick something they like to do.



William

Where did you go?

Bournemouth Council

What was it like?

It was a good experience.

What was the hardest part?

No hard parts, all good.

What was the easiest part?

Fixing doors.

What has it taught you about working?

That you enjoy it and won't mind going back.

Did you gain anything doing it?

Gained knowledge

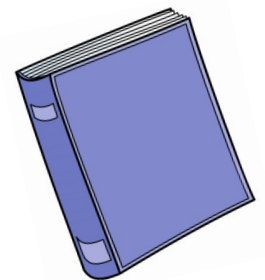


Our top 10 tips for exam revision



Exams can be a scary and stressful time, how can you manage to stay relaxed and have fun while also revising? Here are our top 10 tips on how to do just that!

- 1) Start your revision early – once you get the date that your exams begin, start making notes. Plan relaxation time too!
- 2) Don't make your notes look pretty / artistic, it's just wasting time that could be spent on more revision.
- 3) Practise on old exam papers, it can put your brain in the examination mood and may even make you feel confident if you get the answers right. If you got some answers wrong, that's what you can revise!
- 4) Try doing a mini 'Who Wants To Be A Millionaire?' competition with your friends but all the questions are exam related. This is a great way to have fun but also revise in the process.
- 5) Take breaks; you don't want to become a revision zombie before your exams begin.
- 6) Find the right environment to revise in – not in front of the TV!
- 7) Keep to yourself on the morning of the exam, if you hang out around stressed people, their stress will slowly rub off onto you – don't let that happen.
- 8) Record your voice and read your notes aloud – sometimes it's easier to listen to audio on the way to school than remember it all in your head.
- 9) Exercise ,keep fit, eat healthily, drink water and get a lot of sleep.
- 10) Talk to teachers and tell them that you're worried and get some good advice.



High Expectations lead to High Achievers

House Challenge – Wheelchair Rugby

In the most recent House Challenge, students competed against each other in a competitive game of wheelchair rugby. Some members of the **Dorset Destroyers** were there to help teach the students the rules and regulations in wheelchair rugby. The competition was open to all Year 7, 8 and 9 students – in the end, Brunel House won. Despite this win, Curie is still at the top of the school leader board, can anyone beat them?



Recycling House Challenge!



Recently, Darwin, Austen, Curie and Brunel had an assembly. Katie from the Borough of Poole came in to give the Houses a talk on why we recycle and where it all goes, and even showed the new recycling bins the school are being given!

We were told there are many consequences for not recycling

- Water gets polluted
- Wildlife decreases
- Landfill stacks up in forests, fields etc.
- The air gets polluted

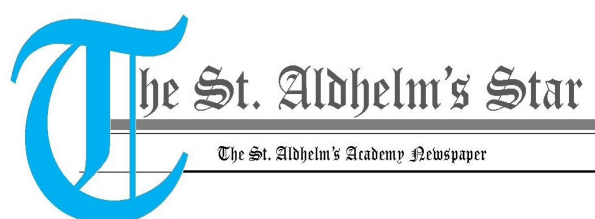


She said that the new bins will be part of the house challenge. The house that recycles the most will win the next house challenge. GET RECYCLING!

Guess the teacher

Guess The Teacher	What did your school report say?	Apart from the subject you teach, what other subject do you like?	What are your favourite hobbies and interests outside of school?	Favourite colour And why.
Teacher 1	Polite and well behaved, could have worked harder	Catering and Textiles	Shopping and going on holiday to new places	Blue because it reminds me of sunny days
Teacher 2	Talks too much	PE	Running	Blue goes with everything
Teacher 3	Could do better	French, English and Spanish	Horse riding, Spending time with family and watching films	Baby blue as it is a calming colour

Answers: Teacher 1: Miss Cope 2: Miss Hitchins Teacher 3: Miss Buxton



SPORT

YEAR 2017

MONTH 5

SPRING EDITION



30 students went on a trip to the Activate trampoline park on the 29th March 2017. They were selected because they did well in PE and got 'Star Of The Block'. Year 7, 8 and 9 went there after school on Thursday.



High Expectations lead to High Achievers

Gluten-free chocolate fudge brownies recipe

- Ingredients

- 225g (8oz) plain chocolate
- 140g (5oz) butter, cut into pieces
- 4 large eggs
- 225g (8oz) golden caster sugar
- 100g (4oz) Doves Farm Gluten Free white self-raising flour



Preheat the oven to Gas Mark 4, 180, fan 160.

Line a rectangular tin (27cm x 17.5cm x 3.5cm) with non-stick baking paper.

Break 175g (6oz) of the chocolate into pieces and put into a glass bowl over a pan of simmering water along with the butter. When melted, take the bowl off the pan and put aside.

Chop the rest of the chocolate into small chunks and set aside.

Whisk the eggs and sugar together in a large bowl using an electric hand mixer, until thick, pale, fluffy and almost doubled in volume. Pour in the cooled melted chocolate, and gently fold, before sifting in the flour and cocoa and gently folding again. Lastly stir in the chopped chocolate.

Pour the mixture into the lined tin and lightly spread it into all the corners. Bake for about 20 minutes, or until the middle is just set and the top is crusty. Remove from the oven and leave to cool in the tray.

Film Review—Beauty and the Beast

Why don't you go and see Beauty and the Beast!



The beast takes Belle's father away and locks him up in a castle. She ends up going there to find him and convinces the beast to let her father be free. Her father runs to get help but does anyone believe him that a beast has got his daughter? Will she die? Will someone save her? Will she fall in love with the beast? Watch this film now to find out what happens!





Some people have no medical reason to go gluten free - they just think that it is a lot more healthier. Yes it is healthier as you cut out the wheat but if you don't have a medical reason don't become gluten free.

For someone who has a medical issue and can't tolerate gluten - if they are to eat the tiniest piece of gluten then they will become seriously ill.

Being gluten free can be extremely difficult as at times there are not many options of what to eat for food.

Coeliac awareness week is this month and they have been trying to make more places (e.g. cafes restaurants and shops) aware of what gluten free is.

If you think you have coeliac disease you should go to your doctors to get further help.



Spring Word Search



Word Bank

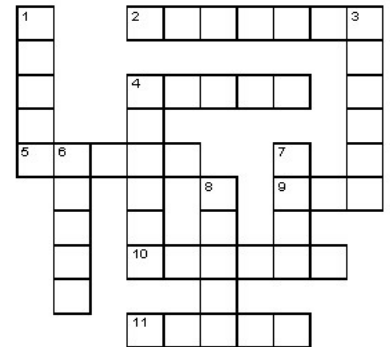


Spring	butterfly	bees	garden
March	Easter	bird	growing
April	eggs	rain	sprout
May	flower	tree	bloom
Earth	chicks	grass	windy



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Spring



Across

- April showers bring May _____.
- In spring, farmers _____ crops.
- The first month of spring.
- Easter _____.
- _____ blossom trees.
- Spring _____; vacation



Down

- Flowers _____ in spring.
- The season after winter.
- Let's go on a _____.
- A month in spring.
- An animal that wakes up in spring.
- Birds that fly north in spring.



COLOURING COMPETITION!



NAME: _____

TUTOR: _____

Colour this beautiful Spring picture!

Hand entries into reception or Mrs Hitchins by June 7th to be in with a chance of winning. Good Luck!

WELL DONE TO OUR PREVIOUS COMPITION WINNER

KATIE D FROM YEAR 7

The General Election

Currently, the UK is leading up to a 'general election' – each of the 650 parliamentary constituencies will elect one Member of Parliament to the House of Commons, the lower house of Parliament. The actual voting doesn't start until the 8th June 2017 – so just under a month! While leading up to this, the political parties will do all they can to make sure they get all the possible votes, but will they succeed?

Theresa May



Jeremy Corbyn



Nicola Sturgeon



Tim Farron



THANK YOU FOR READING FROM THE NEWSPAPER TEAM

MEGAN, SOPHIE , JADE , DEVON, BRADLEY, NASKO AND BRIAN

High Expectations lead to High Achievers